



Need to talk with someone about your abortion experiences? Text Exhale Pro-Voice for nonjudgemental after-abortion support.

**Text: 617-749-2948**

(U.S. Pacific Time)

Weekdays 3 p.m. - 9 p.m.

Saturdays 1 p.m. - 9 p.m.

Sundays 3 p.m. - 7 p.m.

Available in the United States and Canada

[www.exhaleprovoice.org](http://www.exhaleprovoice.org)



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